



**Andrea Ildikó**  
Gáspárik

DATE OF BIRTH:

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## CONTACT

Nationality: Romanian



## WORK EXPERIENCE

**2013 – CURRENT** – Tg Mureş, Romania

**Assist. professor / lecturer (şef de lucrări from 2016/asist universitar 2013 - 2016)**

UMFST (University of Medicine and Pharmacy, Science and Technology G. E. Palade) Tg Mures

**2018 – 2019**

**lecturer, University Babeş-Bolyai, Faculty of Sports and Physical Education**

**2010 – 2012**

**Medical director**

Sighisoara County Hospital

**2008 – 2010**

**Marketing and Communication Director**

MBT Romania

**1995 – 2000** – Bucharest

**Marketing manager (before 1998 Product specialist and sales representative)**

Eli Lilly & co

**2000 – 2008**

**executive director**

Romanian Association for Osteoporosis Prevention

**2008 – CURRENT**

**President**

Romanian Association for Osteoporosis Prevention

**1991 – 1993**

**resident physician**

Clinical Hospital of Tg Mures

**1991 – 1995**

**Volunteer**

Rheum-Care Foundation

**1990 – 1991** – Tg. Mureş

**Emergency service volunteer**

Emergency service (SMURD)

## EDUCATION AND TRAINING

**2012 – 2015**



## LANGUAGE SKILLS

**MOTHER TONGUE(S):** Hungarian (native language)

**OTHER LANGUAGE(S):** Romanian (native language)

**German (native language)**

Listening	Reading	Spoken production	Spoken interaction	Writing
B2	B2	B2	B2	B2

**English (incl. licensed medical english, Profex certificate)**

Listening	Reading	Spoken production	Spoken interaction	Writing
C1	C1	C2	C1	C2

## DIGITAL SKILLS

Microsoft Office / Google Drive / Microsoft Word / Social Media /  
Microsoft Powerpoint / Advanced Office Package

## DRIVING LICENCE

- **Driving Licence: A1**
- **Driving Licence: B**

## COMMUNICATION AND INTERPERSONAL SKILLS

- **Social skills**  
teamwork skills, honesty, integrity, responsibility, motivation

## HONOURS AND AWARDS

- **Scientific board membership**  
SCIENTIFIC BOARD member of the:
  - European Society for Clinical and Economic Aspects of Osteoporosis and Osteoarthritis (ESCEO)
  - Regional representative for Eastern European region IOF (International Osteoporosis Foundation) –CNS (Committee of National Societies)
  - IOF/ CNS (Committee of National Societies)MTA (Hungarian Academy of Sciences) external member
- AWARDS
  - Linda Edwards memorial award, Worldwide Conference of Osteoporosis Patient Societies, Istanbul, 2003
  - International Osteoporosis Foundation: President`s Award, Malaga ESCEO, 2016

## PROJECTS

- **GRANTS**
  - UEFISCDI, 199.920 Eur CLL-CLUE (AI based clinical decision support) 2020
  - MTA, 300.000 Ft, Mobility grant Paradigm shift in elderly-care 2020
  - Syreon-UMFST, 5000EU, Evaluarea factorilor de influenta asupra incidentei fracturilor de sold osteoporotice, 2020
  - International Osteoporosis Foundation-UMFST-Aspor, 2000 CHF, The Osteoporosis Essentials: Densitometry, Diagnosis and Management international course 2019
  - Davidson College-UMFST 129.768 USD Building capacity for tobacco research in Romania; 2014

## PUBLICATIONS

### Publications, textbooks, citations

H index (Web of Science): 5

Impact factor (cumulative): 11.889

- 8 books (author: 3, chapters in books: 5)
- 13 courses (el. support, in Hungarian and English languages)
- 8 practical guide (el. support, in Romanian and English languages)
- 12 in extenso articles (ISI) first author
- 24 abstracts (ISI), first author
- 27 abstracts (ISI) co-author
- 19 in extenso articles (BDI)
- 155 citations (RG)

### Books

- Gáspárik Andrea Ildikó, Aspecte teoretice ale comunicării medic-pacient, University Press, 2020 978-973-169-635-5
- Gáspárik Andrea Ildikó, Népegészségtan fogalmak orvostanhallgatók számára, Sănătate Publică. Noțiuni pentru studenți, University Press, ISBN 978-973-169-410-8, 2015
- Gáspárik Andrea Ildikó, Buicu Florin, Ceana Daniela, Farkas Evelyn: Health management- for medical Students, University Press, 2015-course book

Chapters in books:

- Dezső Krisztina, Molnár Tamás: Semmelweis felismerésének határokát áttörő üzenete. 2020 ISBN 978-963-429-466-5) single author: 1 chapter
- Community-based interventional research to prevent adolescent smoking, 3 chapters LAP (Lambert Academic Publishing), ISBN 978-620-0-00827-5 (co-author / 6 chapters). 2019. ISBN 978-620-0-00827-5
- Dezvoltarea capacității de cercetare în domeniul fumatului în România. 2018 University Press Tg Mureș. Capitolul: Prevenție comunitară pt adolescenții din diferite comunități locale
- Tatai Csilla and Kovács Réka Rozália (red) Egészségünk közös ügyünk! Edi. Scientia. 2018 ISBN 978-606-9750-18-6 (606-9750-18-7)
- Albert L.E., Albert L.M, Barna K, Bernath K, Gasparik A.I, Paulik E., Szabo B: Current challenges in social sciences Presa Universitară Clujeană. 2016. ISBN 978-606-37-0090-3 and 978-606-10-1851-2

### Abstracts. First Author (published in Web of science indexed journals)

Integrating scientific evidence, Patient Centered Care and Personalized Medicine In OP WCO IOF-ESCEO 2020,

Validation of the Hungarian translation of the Sarc-F questionnaire. WCO IOF-ESCEO Abstract book, 2020.

Psychometric properties of the Hungarian version of the Sarqol®, a sarcopaenia specific quality of life questionnaire WCO IOF-ESCEO 2020

Family history influences fracture risk BMD independently, WCO, 2019

The impact of different types of sedentary behaviors on frailty, OI, 2019, IOF-Regional 7th Asia-Pacific OsteoporosisC.: Sydney

Cross-cultural adaptation of the SarQol questionnaire, Krakow , 2019,

The Semmelweis Paradigm. Innovation acceptance then and now, MTA 2018

Individualised Care: Patient centered Care vs Personalised Care, Revista Romani de Medicina de laborator 2018

The impact of different types of sedentary behaviors on frailty, Regional Meeting IOF, Australia

Cross Cultural Adaptation Of The Sarqol Questionnaire Into Hungarian Language, OI, 2018

Validation of the Romanian Sarqol Questionnaire, Osteoporosis International, 2018, S 458,

Access, utilisation and costs of health services among Romanian osteoporosis patients 1NS42, OI, 28, 2017

Discriminative power of Romanian version of sarqol questionnaire: preliminary results, Florence ESCEO, OI, 2017,

Sarcopenia and regular exercise. Does it matter? Acta Medica Marisiensis, 2017,

Gender differences in patient involvement in osteoporosis care, OI. 2016

Who drains more?, Transylvanian Museum Society-Medical and Pharmaceutical Branch, 2016.

Rural patients: less fragile? 3<sup>rd</sup> Middle East and Africa Osteoporosis Meeting, Abu Dhabi, OI. 2015

Influence of urban and rural residency on frax values, OI, 2015

Correlation between school performance and smoking prevalence, UMF Staff Conference, December 2015, UMF Tg. Mures

Differences in prevalence of tobacco use among adolescents in Romania – a comparison between Romanian and Hungarian ethnic groups, VI-th National Tabacology Conference „Women`s role in limitation of smoking ” Tg. Mureş, May 2015

Lifestyle risk and medication issues discussed with osteoporosis patients, Osteoporosis International, 2014, OC

Correlation between age, education, and gender of osteoporotic patients and their engagement to communicate, Osteoporosis International, 2013

Structure and particularities of doctor and osteoporosis-patient interaction in 3 Romanian outpatient clinics, OI 2012

Doctor-patient interaction, patient`s perceived well-being and medication concordance, OI 2011

How does quality of patient-physician communication affect persistence of treatment, OI, 2010,

Comparison of BMD values of high dose milk consumers versus non-regular milk consumers, OI, 2010

Risk factors for OP in Postmenopausal women from urban versus rural areas in North Western Romania, OI, 2009

The Impact of different osteoporosis risk factors, their ability to influence BMD changes, OI 2007

Effects of dairy consumption on BMD values, OI 2007

## **Web of science indexed: Articles in extenso**

Main author

Gasparik AI, Demian MB, Pascanu I, Romanian Translation and Validation of the SARC-F Questionnaire, Acta Endo (Buc) 2020,

IF: 0,529

Gasparik AI, Demian MB, Pascanu I et al. Evaluation of the Hungarian-language SARC-F sarcopenia screening questionnaire, Orvosi Hetilap, 2020,

IF: 0,417

Albert E, Daniel B, Paulik E, Gasparik AI, Changes in teenage attitude and smoking behaviour after the implementation of the smoke-free law in Romania, Romanian Journal of political science, 2019,

IF: 0,313

Mihai G, Gasparik AI, Pascanu IM, Cevei M, Hutanu A, Pop RM, The influence of Visfatin, RBP-4 and insulin resistance on bone mineral density in women with treated primary osteoporosis, Aging Clinical and Experimental Research, 2019

IF: 2,957

Hodinka L, Gáspárík AI, Sarcopenia and quality of life: The validated Hungarian translation of the Sarcopenia Quality of Life (SarQoL) questionnaire, HMIJ/ Orvosi Hetilap, 2018,

IF: 0,534

Albert-Lorincz E, Paulik E, Szabo B, Foley K, Gasparik AI, Adolescent smoking and the social capital of local communities in three counties in Romania ~, Gaceta Sanitaria, 2018

IF: 1.314

Gasparik A.I. Mihai et al Psychometric performance of the Romanian version of the SarQoL, a health-related quality of life questionnaire for sarcopenia, Archives of Osteoporosis, 2017

IF: 2,605

Gasparik AI, Clinical setting influences patterns of interaction between osteoporosis patient and physician, Calcified Tissue International, 2014

IF: 3,704

Gasparik, A.I., Abram, Z. et al. Shortages of doctor patient communication. Teaching patients to communicate effectively, Elsevier, Procedia - Social and behavioral sciences, 2014

Gasparik AI, Vass Levente, Relation of some communication parameters to patients' education, gender and age. Teaching to communicate effectively, Elsevier, Procedia - Social and behavioral sciences, 2014,

Gasparik A, Veress EE, Gasparik AI. Educating spectators: a lifelong learning program. Elsevier, Procedia - Social and behavioral sciences, 2014

#### *Coauthor*

Lorentzon M. et al Algorithm for the use of biochemical markers of bone turnover in the diagnosis, assessment and follow-up of treatment for osteoporosis, Advances in Therapy, 2019

Factor de impact: 3,918

Hiligsman M. Cornelissen D, et al. Determinants, consequences and potential solutions to poor adherence to anti-osteoporosis treatment: results of an expert group meeting. Osteoporos International 2019

IF: 3,759

Reginster JY. et al Recommendations for the conduct of clinical trial for drugs to treat or prevent sarcopenia, Aging Clinical and Experim. Research 2016

IF: 1,407

Hiligsman M. et al A reference case for economic evaluations in osteoarthritis: An expert consensus article. Seminars in Arthritis and Rheumatism. 2014

IF: 4. 813